



## A Star Dies. Our Sun, Our Earth are Born.

### MOMENT OF GRACE

One thing we know from the story of the Universe is that creative energy is always moving, and that great moments of creativity are almost always preceded by crisis/death. This month we contemplate such a story...the story of a first generation star that went Supernova and through her death gave birth to a new star (our sun), our solar system and Earth. Thomas Berry refers to this as a cosmic “moment of grace” making possible a whole new dimension of creation to emerge-LIFE!

The dynamic of dying and rising is an archetype pervasive in the Universe, in our lives, in most religious traditions. Contemplate your own life story. Remember a time when you went Supernova! You came apart, became unglued, experienced a kind of death.... What was given birth through that painful time? How did that help shape everything that has followed?

*Pause to connect your life experience to that of the emerging Universe and to the Easter story. Take time for journaling*

The blast that broke open the supernova sent stardust out into space in all directions, and then gravity drew it back together giving birth to the Sun, and later the planets formed in orbits around the Sun.

Earth is made of that stardust! Life emerged from it and so did we. The elements created by the supernova are present now in our bodies...carbon, calcium etc

*Look around you at the trees, water, worms, flowers...All came from the same source as us. We are all kin.*

**Let us pray:** May we humans come to recognize deeply our common origin, our dignity and sacredness, along with every other creature and earth. May we willingly live into our death and so enter into the new life that follows.

Image: “Sun Loving Earth” by Dana Lynne Andersen. Courtesy of [www.ministryofhearts.org](http://www.ministryofhearts.org)  
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